

# $L_p$ Markov–Bernstein Inequalities on All Arcs of the Circle

C. K. Kobindarajah

*Mathematics Department, Witwatersrand University, Wits 2050, South Africa*

and

D. S. Lubinsky

*Mathematics Department, Witwatersrand University, Wits 2050, South Africa; and  
School of Mathematics, Georgia Institute of Technology,  
Atlanta, Georgia 30332-0160, U.S.A.*

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Let  $0 < p < \infty$  and  $0 \leq \alpha < \beta \leq 2\pi$ . We prove that for  $n \geq 1$  and trigonometric polynomials  $s_n$  of degree  $\leq n$ , we have

$$\int_{\alpha}^{\beta} |s'_n(\theta)|^p \left[ \frac{\left| \sin\left(\frac{\theta-\alpha}{2}\right) \right| \left| \sin\left(\frac{\theta-\beta}{2}\right) \right| + \left(\frac{\beta-\alpha}{n}\right)^2}{\left(\cos\frac{\theta-\frac{\alpha+\beta}{2}}{2}\right)^2 + \left(\frac{1}{n}\right)^2} \right]^{p/2} d\theta \\ \leq cn^p \int_{\alpha}^{\beta} |s_n(\theta)|^p d\theta,$$

where  $c$  is independent of  $\alpha$ ,  $\beta$ ,  $n$ ,  $s_n$ . The essential feature is the uniformity in  $[\alpha, \beta]$  of the estimate and the fact that as  $[\alpha, \beta]$  approaches  $[0, 2\pi]$ , we recover the  $L_p$  Markov inequality. The result may be viewed as the complete  $L_p$  form of Videnskii's inequalities, improving earlier work of the second author. © 2002 Elsevier Science (USA)

## 1. INTRODUCTION AND RESULTS

The classical Markov–Bernstein inequality for trigonometric polynomials

$$s_n(\theta) := \sum_{j=0}^n (c_j \cos j\theta + d_j \sin j\theta)$$

of degree  $\leq n$  is

$$\|s'_n\|_{L_\infty[0, 2\pi]} \leq n \|s_n\|_{L_\infty[0, 2\pi]}.$$

The same factor  $n$  occurs in the  $L_p$  analogue. See [1] or [3]. In the 1950s V. S. Videnskii generalized the  $L_\infty$  inequality to the case where the interval over which the norm is taken is shorter than the period [1, pp. 242–245]: let  $0 < \omega < \pi$ . Then there is the sharp inequality

$$|s'_n(\theta)| \left[ 1 - \left( \frac{\cos \omega/2}{\cos \theta/2} \right)^2 \right]^{1/2} \leq n \|s_n\|_{L_\infty[-\omega, \omega]}, \quad \theta \in [-\omega, \omega].$$

This implies that

$$\sup_{\theta \in [-\pi, \pi]} |s'_n(\theta)| \left[ \left| \sin \left( \frac{\theta - \omega}{2} \right) \right| \left| \sin \left( \frac{\theta + \omega}{2} \right) \right| \right]^{1/2} \leq n \|s_n\|_{L_\infty[-\omega, \omega]}$$

and for  $n \geq n_0(\omega)$ , gives rise to the sharp Markov inequality

$$(1) \quad \|s'_n\|_{L_\infty[-\omega, \omega]} \leq 2n^2 \cot \frac{\omega}{2} \|s_n\|_{L_\infty[-\omega, \omega]}.$$

What are the  $L_p$  analogues? This question arose originally in connection with large sieve inequalities [7], on subarcs of the circle. In an earlier paper, the second author proved the following result:

**THEOREM 1.1.** *Let  $0 < p < \infty$  and  $0 \leq \alpha < \beta \leq 2\pi$ . Then for  $n \geq 1$  and trigonometric polynomials  $s_n$  of degree  $\leq n$ ,*

$$(2) \quad \int_\alpha^\beta |s'_n(\theta)|^p \left[ \left| \sin \left( \frac{\theta - \alpha}{2} \right) \right| \left| \sin \left( \frac{\theta - \beta}{2} \right) \right| + \left( \frac{\beta - \alpha}{n} \right)^2 \right]^{p/2} d\theta \\ \leq Cn^p \int_\alpha^\beta |s_n(\theta)|^p d\theta.$$

Here  $C$  is independent of  $\alpha$ ,  $\beta$ ,  $n$ ,  $s_n$ .

This inequality confirmed a conjecture of Erdelyi [4]. Theorem 1.1 was deduced from an analogous inequality for algebraic polynomials.

While Theorem 1.1 is almost certainly sharp with respect to the growth in  $n$  when  $[\alpha, \beta]$  is a fixed proper subinterval of  $(0, \pi)$ , and most especially when  $[\alpha, \beta]$  is small, it is not sharp when  $[\alpha, \beta]$  approaches  $[0, 2\pi]$ . For example, Theorem 1.1 gives

$$\int_0^{2\pi} |s'_n(\theta)|^p \left[ \left( \sin \frac{\theta}{2} \right)^2 + \left( \frac{2\pi}{n} \right)^2 \right]^{p/2} d\theta \leq Cn^p \int_\alpha^\beta |s_n(\theta)|^p d\theta,$$

while the correct Markov inequality is (with  $C = 1$ ),

$$(3) \quad \int_0^{2\pi} |s'_n(\theta)|^p d\theta \leq Cn^p \int_0^{2\pi} |s_n(\theta)|^p d\theta.$$

It is possible to derive this by two applications of (2) (on different intervals) and then by using  $2\pi$ -periodicity of the integrand. However, for general  $[\alpha, \beta] \subset [0, 2\pi]$ , we are not able to use  $2\pi$ -periodicity, so for  $\beta - \alpha$  close to  $2\pi$ , it seems that we cannot obtain the sharp result from (2). In this paper, we establish an improvement of Theorem 1.1 which does yield (3) and is almost certainly sharp for  $[\alpha, \beta]$  close to  $[0, 2\pi]$ . In particular, we prove:

**THEOREM 1.2.** *Let  $0 < p < \infty$  and  $0 \leq \alpha < \beta \leq 2\pi$ . Then for  $n \geq 1$  and trigonometric polynomials  $s_n$  of degree  $\leq n$ ,*

$$(4) \quad \int_{\alpha}^{\beta} |s'_n(\theta)|^p \left[ \frac{\left| \sin\left(\frac{\theta - \alpha}{2}\right) \right| \left| \sin\left(\frac{\theta - \beta}{2}\right) \right| + \left(\frac{\beta - \alpha}{n}\right)^2}{\left(\cos\frac{\theta - \frac{\alpha + \beta}{2}}{2}\right)^2 + \left(\frac{1}{n}\right)^2} \right]^{p/2} d\theta \leq Cn^p \int_{\alpha}^{\beta} |s_n(\theta)|^p d\theta.$$

Here  $C$  is independent of  $\alpha, \beta, n, s_n$ .

For example, if we take our interval to be  $[-\omega, \omega]$ , where  $0 < \omega < \pi$ , we may reformulate the above inequality as

$$(5) \quad \int_{-\omega}^{\omega} |s'_n(\theta)|^p \left[ \frac{\left| \sin\left(\frac{\theta - \omega}{2}\right) \right| \left| \sin\left(\frac{\theta + \omega}{2}\right) \right| + \left(\frac{2\omega}{n}\right)^2}{\left(\cos\frac{\theta}{2}\right)^2 + \left(\frac{1}{n}\right)^2} \right]^{p/2} d\theta \leq Cn^p \int_{-\omega}^{\omega} |s_n(\theta)|^p d\theta,$$

with  $C$  independent of  $\omega, n, s_n$ , or equivalently,

$$(6) \quad \int_{-\omega}^{\omega} |s'_n(\theta)|^p \left[ \frac{\left(\cos\frac{\theta}{2}\right)^2 - \left(\cos\frac{\omega}{2}\right)^2 + \left(\frac{2\omega}{n}\right)^2}{\left(\cos\frac{\theta}{2}\right)^2 + \left(\frac{1}{n}\right)^2} \right]^{p/2} d\theta \leq Cn^p \int_{-\omega}^{\omega} |s_n(\theta)|^p d\theta.$$

As  $\omega \rightarrow \pi$ , we recover the Markov inequality (3). Note that also as  $\omega$  becomes small, (5) reduces to

$$\int_{-\omega}^{\omega} |s'_n(\theta)|^p \left[ \left| \sin \left( \frac{\theta - \omega}{2} \right) \right| \left| \sin \left( \frac{\theta + \omega}{2} \right) \right| + \left( \frac{2\omega}{n} \right)^2 \right]^{p/2} d\theta \\ \leq Cn^p \int_{-\omega}^{\omega} |s_n(\theta)|^p d\theta,$$

which in turn implies the  $L_p$  Markov inequality

$$\int_{-\omega}^{\omega} |s'_n(\theta)|^p d\theta \leq C \left( \frac{n^2}{\omega} \right)^p \int_{-\omega}^{\omega} |s_n(\theta)|^p d\theta.$$

The latter is the  $L_p$  version of (1).

We shall deduce Theorem 1.2 from:

**THEOREM 1.3.** *Let  $0 < p < \infty$  and  $0 \leq \alpha < \beta \leq 2\pi$ . Let*

$$(7) \quad \varepsilon_n(z) := \frac{1}{n} \left[ \frac{|z - e^{i\alpha}| |z - e^{i\beta}| + \left( \frac{\beta - \alpha}{n} \right)^2}{|z + e^{i\frac{\alpha+\beta}{2}}|^2 + \left( \frac{1}{n} \right)^2} \right]^{1/2}.$$

*Then for  $n \geq 1$  and algebraic polynomials  $P$  of degree  $\leq n$ ,*

$$(8) \quad \int_{\alpha}^{\beta} |(P' \varepsilon_n)(e^{i\theta})|^p d\theta \leq C \int_{\alpha}^{\beta} |P(e^{i\theta})|^p d\theta.$$

*Here  $C$  is independent of  $\alpha$ ,  $\beta$ ,  $n$ ,  $s_n$ .*

Our method of proof uses Carleson measures much as in [8–10], but also uses ideas from [7] where large sieve inequalities were proved for subarcs of the circle. Despite the similarities in many of the proofs, especially to those in [10], we provide the details, for otherwise the proofs would be very difficult to follow. The chief difference to the proofs in [10] is due to the more delicate choice of  $\varepsilon_n$ , which substantially complicates the proofs in Section 3.

We shall prove Theorem 1.3 in Section 2, deferring some technical estimates. In Section 3, we present estimates involving the function  $\varepsilon_n$  and also estimate the norms of certain Carleson measures. In Section 4, we prove Theorem 1.2.

2. THE PROOF OF THEOREM 1.3

Throughout,  $C, C_0, C_1, C_2, \dots$  denote constants that are independent of  $\alpha, \beta, \omega, n$  and polynomials  $P$  of degree  $\leq n$  or trigonometric polynomials  $s_n$  of degree  $\leq n$ . They may, however, depend on  $p$ . The same symbol does not necessarily denote the same constant in different occurrences. We shall prove Theorem 1.3 in several steps:

I. *Reduction to the Case*  $0 < \alpha < \pi; \beta := 2\pi - \alpha$

After a rotation of the circle, we may assume that our arc  $\{e^{i\theta} : \theta \in [\alpha, \beta]\}$  has the form

$$\Delta = \{e^{i\theta} : \theta \in [\alpha', 2\pi - \alpha']\},$$

where  $0 \leq \alpha' < \pi$ . Then  $\Delta$  is symmetric about the real line, and this simplifies use of a conformal map below. Moreover, then

$$\beta - \alpha = 2(\pi - \alpha').$$

Dropping the prime, it suffices to consider  $0 < \alpha < \pi$ , and  $\beta - \alpha$  replaced everywhere by  $2(\pi - \alpha)$ . Thus in the following we assume that

$$(9) \quad \Delta = \{e^{i\theta} : \theta \in [\alpha, 2\pi - \alpha]\};$$

$$(10) \quad R(z) = (z - e^{i\alpha})(z - e^{-i\alpha}) = z^2 - 2z \cos \alpha + 1.$$

Since then  $\frac{\alpha + \beta}{2} = \pi$ , we may take for  $z = e^{i\theta}$  (dropping the subscript  $n$  from  $\varepsilon_n$  in (7) and a factor of 2 in  $\pi - \alpha$ ),

$$(11) \quad \begin{aligned} \varepsilon(z) &= \frac{1}{n} \left[ \frac{|R(z)| + \left(\frac{\pi - \alpha}{n}\right)^2}{|z - 1|^2 + \left(\frac{1}{n}\right)^2} \right]^{1/2} \\ &= \frac{1}{n} \left[ \frac{4 \left| \sin\left(\frac{\theta - \alpha}{2}\right) \sin\left(\frac{\theta + \alpha}{2}\right) \right| + \left(\frac{\pi - \alpha}{n}\right)^2}{4 \left(\sin\frac{\theta}{2}\right)^2 + \left(\frac{1}{n}\right)^2} \right]^{1/2}. \end{aligned}$$

We can now begin the main part of the proof:

## II. Pointwise Estimates for $P'(z)$ when $p \geq 1$

By Cauchy's integral formula for derivatives (or by Cauchy's estimates),

$$\begin{aligned} |P'(z)| &= \left| \frac{1}{2\pi i} \int_{|t-z|=\varepsilon(z)/100} \frac{P(t)}{(t-z)^2} dt \right| \\ &\leq \frac{1}{2\pi} \int_{-\pi}^{\pi} \left| P \left( z + \frac{\varepsilon(z)}{100} e^{i\theta} \right) \right| d\theta \left/ \left( \frac{\varepsilon(z)}{100} \right) \right. \end{aligned}$$

Then Hölder's inequality gives

$$\begin{aligned} |P'(z)| \varepsilon(z) &\leq 100 \left( \frac{1}{2\pi} \int_{-\pi}^{\pi} \left| P \left( z + \frac{\varepsilon(z)}{100} e^{i\theta} \right) \right|^p d\theta \right)^{1/p} \\ \Rightarrow (|P'(z)| \varepsilon(z))^p &\leq 100^p \frac{1}{2\pi} \int_{-\pi}^{\pi} \left| P \left( z + \frac{\varepsilon(z)}{100} e^{i\theta} \right) \right|^p d\theta. \end{aligned}$$

## III. Pointwise Estimates for $P'(z)$ when $p < 1$

We follow ideas in [9, 10]. Suppose first that  $P$  has no zeros inside or on the circle  $\gamma := \{t: |t-z| = \frac{\varepsilon(z)}{100}\}$ . Then we can choose a single valued branch of  $P^p$  there, with the properties

$$\frac{d}{dt} P(t)^p \Big|_{t=z} = pP(z)^{p-1} \frac{P'(z)}{P(z)}$$

and

$$|P^p(t)| = |P(t)|^p.$$

Then by Cauchy's integral formula for derivatives,

$$\begin{aligned} p |P'(z)| |P(z)|^{p-1} &= \left| \frac{1}{2\pi i} \int_{|t-z|=\frac{\varepsilon(z)}{100}} \frac{P^p(t)}{(t-z)^2} dt \right| \\ &\leq \frac{1}{2\pi} \int_{-\pi}^{\pi} \left| P \left( z + \frac{\varepsilon(z)}{100} e^{i\theta} \right) \right|^p d\theta \left/ \left( \frac{\varepsilon(z)}{100} \right) \right. \end{aligned}$$

Since also (by Cauchy or by subharmonicity)

$$|P(z)|^p \leq \frac{1}{2\pi} \int_{-\pi}^{\pi} \left| P \left( z + \frac{\varepsilon(z)}{100} e^{i\theta} \right) \right|^p d\theta$$

and since  $1 - p > 0$ , we deduce that

$$p |P'(z)| \varepsilon(z) \leq 100 \left( \frac{1}{2\pi} \int_{-\pi}^{\pi} \left| P \left( z + \frac{\varepsilon(z)}{100} e^{i\theta} \right) \right|^p d\theta \right)^{1/p}$$

$$\Rightarrow (|P'(z)| \varepsilon(z))^p \leq \left( \frac{100}{p} \right)^p \frac{1}{2\pi} \int_{-\pi}^{\pi} \left| P \left( z + \frac{\varepsilon(z)}{100} e^{i\theta} \right) \right|^p d\theta.$$

Now suppose that  $P$  has zeros inside  $\gamma$ . We may assume that it does not have zeros on  $\gamma$  (if necessary change  $\varepsilon(z)$  a little and then use continuity). Let  $B(z)$  be the Blaschke product formed from the zeros of  $P$  inside  $\gamma$ . This is the usual Blaschke product for the unit circle, but scaled to  $\gamma$  so that  $|B| = 1$  on  $\gamma$ . Then the above argument applied to  $(P/B)$  gives

$$(|(P/B)'(z)| \varepsilon(z))^p \leq \left( \frac{100}{p} \right)^p \frac{1}{2\pi} \int_{-\pi}^{\pi} \left| P \left( z + \frac{\varepsilon(z)}{100} e^{i\theta} \right) \right|^p d\theta.$$

Moreover, as above

$$|P/B(z)|^p \leq \frac{1}{2\pi} \int_{-\pi}^{\pi} \left| P \left( z + \frac{\varepsilon(z)}{100} e^{i\theta} \right) \right|^p d\theta,$$

while Cauchy's estimates give

$$|B'(z)| \leq \frac{100}{\varepsilon(z)}.$$

Then these last three estimates give

$$|P'(z)|^p \varepsilon(z)^p \leq (|(P/B)'(z) B(z)| + |P/B(z)| |B'(z)|)^p \varepsilon(z)^p$$

$$\leq \left\{ \left( \frac{200}{p} \right)^p + 200^p \right\} \left[ \frac{1}{2\pi} \int_{-\pi}^{\pi} \left| P \left( z + \frac{\varepsilon(z)}{100} e^{i\theta} \right) \right|^p d\theta \right].$$

In summary, the last two steps give for all  $p > 0$ ,

$$(12) \quad |P' \varepsilon|^p(z) \leq C_0 \frac{1}{2\pi} \int_{-\pi}^{\pi} \left| P \left( z + \frac{\varepsilon(z)}{100} e^{i\theta} \right) \right|^p d\theta,$$

where

$$C_0 := 200^p(1 + p^{-p}).$$

#### IV. Integrate the Pointwise Estimates

We obtain by integration of (12) that

$$(13) \quad \int_{\alpha}^{2\pi-\alpha} |(P' \varepsilon)(e^{i\theta})|^p d\theta \leq C_0 \int |P(z)|^p d\sigma,$$

where the measure  $\sigma$  is defined by

$$(14) \quad \int f d\sigma := \int_{\alpha}^{2\pi-\alpha} \left[ \frac{1}{2\pi} \int_{-\pi}^{\pi} f \left( e^{is} + \frac{\varepsilon(e^{is})}{100} e^{i\theta} \right) d\theta \right] ds.$$

We now wish to pass from the right-hand side of (13) to all estimate over the whole unit circle. This passage would be permitted by a result of Carleson, provided  $P$  is analytic off the unit circle and provided it has suitable behaviour at  $\infty$ . To take care of the fact that it does not have the correct behaviour at  $\infty$ , we need a conformal map:

V. *The Conformal Map  $\Psi$  of  $\mathbb{C} \setminus \Delta$  onto  $\{w : |w| > 1\}$*

This is given by

$$\Psi(z) = \frac{1}{2 \cos \alpha/2} [z + 1 + \sqrt{R(z)}],$$

where the branch of  $\sqrt{R(z)}$  is chosen so that it is analytic off  $\Delta$  and behaves like  $z(1+o(1))$  as  $z \rightarrow \infty$ . Note that  $\sqrt{R(z)}$  and hence  $\Psi(z)$  have well-defined boundary values (both nontangential and tangential) as  $z$  approaches  $\Delta$  from inside or outside the unit circle, except at  $z = e^{\pm i\alpha}$ . We denote the boundary values from inside by  $\sqrt{R(z)}_+$  and  $\Psi(z)_+$  and from outside by  $\sqrt{R(z)}_-$  and  $\Psi(z)_-$ . We also set (unless otherwise specified)

$$\Psi(z) := \Psi(z)_-, \quad z \in \Delta \setminus \{e^{i\alpha}, e^{-i\alpha}\}.$$

See [6] for a detailed discussion and derivation of this conformal map. Let

$$(15) \quad \ell := \text{least positive integer} > \frac{1}{p}.$$

In Lemma 3.2 we shall show that there is a constant  $C_1$  (independent of  $\alpha$ ,  $\beta$ ,  $n$ ) such that

$$a \in \Delta \quad \text{and} \quad |z-a| \leq \frac{\varepsilon(a)}{100} \Rightarrow |\Psi(z)|^{n+\ell} \leq C_1.$$

Then we deduce from (13) that

$$(16) \quad \int_{\alpha}^{2\pi-\alpha} |(P'\varepsilon)(e^{i\theta})|^p d\theta \leq C_1^p C_0 \int \left| \frac{P}{\Psi^{n+\ell}} \right|^p d\sigma.$$



Since the form of Carleson’s inequality that we use involves functions analytic inside the unit ball, we now split  $\sigma$  into its parts with support inside and outside the unit circle: for measurable  $S$ , let

$$(17) \quad \begin{aligned} \sigma^+(S) &:= \sigma(S \cap \{z: |z| < 1\}); \\ \sigma^-(S) &:= \sigma(S \cap \{z: |z| > 1\}). \end{aligned}$$

Moreover, we need to “reflect  $\sigma^-$  through the unit circle”: let

$$(18) \quad \sigma^\#(S) := \sigma^-\left(\frac{1}{S}\right) := \sigma^-\left(\left\{\frac{1}{t}: t \in S\right\}\right).$$

Then since the unit circle  $\Gamma$  has  $\sigma(\Gamma) = 0$ , (16) becomes

$$(19) \quad \int_\alpha^{2\pi-\alpha} |(P'\varepsilon)(e^{i\theta})|^p d\theta \leq C_1^p C_0 \left( \int \left| \frac{P}{\Psi^{n+\ell}} \right|^p(t) d\sigma^+(t) + \int \left| \frac{P}{\Psi^{n+\ell}} \right|^p\left(\frac{1}{t}\right) d\sigma^\#(t) \right).$$

We next focus on handling the first integral in the last right-hand side:

VI. *Estimate the Integral Involving  $\sigma^+$*

We are now ready to apply Carleson’s result. Recall that a positive Borel measure  $\mu$  with support inside the unit ball is called a *Carleson measure* if there exists  $A > 0$  such that for every  $0 < h < 1$  and every sector

$$S := \{re^{i\theta}: r \in [1-h, 1]; |\theta - \theta_0| \leq h\}$$

we have

$$\mu(S) \leq Ah.$$

The smallest such  $A$  is called the Carleson norm of  $\mu$  and denoted  $N(\mu)$ . See [5] for an introduction. One feature of such a measure is the inequality

$$(20) \quad \int |f|^p d\mu \leq C_2 N(\mu) \int_0^{2\pi} |f(e^{i\theta})|^p d\theta$$

valid for every function  $f$  in the Hardy  $p$  space on the unit ball. Here  $C_2$  depends only on  $p$ . See [5, p. 238] and also [5, pp. 31–63].

Applying this to  $P/\Psi^{n+\ell}$  gives

$$(21) \quad \int \left| \frac{P}{\Psi^{n+\ell}} \right|^p d\sigma^+ \leq C_2 N(\sigma^+) \int_0^{2\pi} \left| \frac{P}{\Psi^{n+\ell}}(e^{i\theta}) \right|^p d\theta.$$

VII. Estimate the Integral Involving  $\sigma^\#$

Suppose that  $P$  has degree  $\nu \leq n$ . As  $\Psi(z)/z$  has a finite nonzero limit as  $z \rightarrow \infty$ ,  $P(z)/\Psi(z)^\nu$  has a finite nonzero limit as  $z \rightarrow \infty$ . Then  $h(t) := p(\frac{1}{t})/\Psi(\frac{1}{t})^{n+\ell}$  has zeros in  $|t| < 1$  corresponding only to zeros of  $P(z)$  in  $|z| > 1$  and a zero of multiplicity  $n + \ell - \nu$  at  $t = 0$ , corresponding to the zero of  $P(z)/\Psi(z)^{n+\ell}$  at  $z = \infty$ . Then we may apply Carleson's inequality (20) to  $h$ . The consequence is that

$$\int \left| \frac{P}{\Psi^{n+\ell}} \right|^p \left( \frac{1}{t} \right) d\sigma^\#(t) \leq C_2 N(\sigma^\#) \int_0^{2\pi} \left| \frac{P}{\Psi^{n+\ell}} (e^{-i\theta}) \right|^p d\theta.$$

Combined with (19) and (21), this gives

(22)

$$\int_\alpha^{2\pi-\alpha} |(P'\varepsilon)(e^{i\theta})|^p d\theta \leq C_0 C_1^p C_2 (N(\sigma^+) + N(\sigma^\#)) \int_0^{2\pi} \left| \frac{P}{\Psi^{n+\ell}} (e^{i\theta}) \right|^p d\theta.$$

VIII. Pass from the Whole Unit Circle to  $\Delta$  when  $p > 1$

Let  $\Gamma$  denote the whole unit circle, and let  $|dt|$  denote arclength on  $\Gamma$ . In Step VIII of the proof of Theorem 1.2 in [10], we established an estimate of the form

(23)

$$\int_{\Gamma \setminus \Delta} |g(t)|^p |dt| \leq C_3 \left( \int_\Delta |g_+(t)|^p |dt| + |g_-(t)|^p |dt| \right),$$

valid for all functions  $g$  analytic in  $\mathbb{C} \setminus \Delta$ , with limit 0 at  $\infty$  and interior and exterior boundary values  $g_+$  and  $g_-$  for which the right-hand side of (23) is finite. Here,  $C_3$  depends only on  $p$ . We apply this to  $g := P/\Psi^{n+\ell}$ . Then as  $\Psi_\pm$  have absolute value 1 on  $\Delta$ , so that  $|g_\pm| = |P|$  on  $\Delta$ , we deduce that

$$\begin{aligned} \int_{\Gamma \setminus \Delta} |P(t)/\Psi(t)^{n+\ell}|^p |dt| &\leq C_3 \int_\Delta |P(t)|^p |dt| \\ \Rightarrow \int_0^{2\pi} \left| \frac{P}{\Psi^{n+\ell}} (e^{i\theta}) \right|^p d\theta &\leq \left( \int_\alpha^{2\pi-\alpha} |P(e^{i\theta})|^p d\theta \right) (1 + C_3). \end{aligned}$$

Now (22) becomes

(24)

$$\begin{aligned} \int_\alpha^{2\pi-\alpha} |(P'\varepsilon)(e^{i\theta})|^p d\theta \\ \leq C_0 C_1^p C_2 (1 + C_3) (N(\sigma^+) + N(\sigma^\#)) \int_\alpha^{2\pi-\alpha} |P(e^{i\theta})|^p d\theta. \end{aligned}$$

IX. *Pass from the Whole Unit Circle to  $\Delta$  when  $p \leq 1$*

It is only here that we really need the choice (15) of  $\ell$ . Let

$$q := \ell p (> 1).$$

Then we would like to apply (23) with  $p$  replaced by  $q$  and with

$$(25) \quad g := (P/\Psi^n)^{p/q} \Psi^{-1} = (P/\Psi^{n+\ell})^{p/q}.$$

The problem is that  $g$  does not in general possess the required properties. To circumvent this, we proceed as follows: first, we may assume that  $P$  has full degree  $n$ . For, if  $P$  has degree  $< n$ , we can add a term of the form  $\delta z^n$ , giving  $P(z) + \delta z^n$ , a polynomial of full degree  $n$ . Once (8) is proved for such  $P$ , we can then let  $\delta \rightarrow 0+$ .

So assume that  $P$  has degree  $n$ . Then  $P/\Psi^n$  is analytic in  $\mathbb{C} \setminus \Delta$  and has a finite nonzero limit at  $\infty$ , and so is analytic at  $\infty$ . Now if all zeros of  $P$  lie on  $\Delta$ , then we may define a single-valued branch of  $g$  of (25) in  $\bar{\mathbb{C}} \setminus \Delta$ . Then (23) with  $q$  replacing  $p$  gives as before

$$\int_{\Gamma \setminus \Delta} |g(t)|^q |dt| \leq C_3 \left( \int_{\Delta} |g_+(t)|^q |dt| + |g_-(t)|^q |dt| \right)$$

$$\Rightarrow \int_{\Gamma \setminus \Delta} |P/\Psi^{n+\ell}|^p |dt| \leq 2C_3 \int_{\Delta} |P(t)|^p |dt|$$

and then we obtain an estimate similar to (24). When  $P$  has zeros in  $\mathbb{C} \setminus \Delta$ , we adopt a standard procedure to “reflect” these out of  $\mathbb{C} \setminus \Delta$ . Write

$$P(z) = d \prod_{j=1}^n (z - z_j).$$

For each factor  $z - z_j$  in  $P$  with  $z_j \notin \Delta$ , we define

$$b_j(z) := \begin{cases} (z - z_j) / \left( \frac{\Psi(z) - \Psi(z_j)}{1 - \overline{\Psi(z_j)} \Psi(z)} \right), & z \neq z_j, \\ (1 - |\Psi(z_j)|^2) / \Psi'(z_j), & z = z_j. \end{cases}$$

This is analytic in  $\mathbb{C} \setminus \Delta$ , does not have any zeros there, and moreover, since as  $z \rightarrow \Delta$ ,  $|\Psi(z)| \rightarrow 1$ , we see that

$$|b_j(z)| = |z - z_j|, \quad z \in \Delta; \quad |b_j(z)| \geq |z - z_j|, \quad z \in \mathbb{C} \setminus \Delta.$$

(Recall that we extended  $\Psi$  to  $\Delta$  as an exterior boundary value.) We may now choose a branch of

$$g(z) := \left[ d \left( \prod_{z_j \notin \Delta} b_j(z) \right) \left( \prod_{z_j \in \Delta} (z - z_j) \right) / \Psi(z)^n \right]^{p/q} / \Psi(z)$$

that is single valued and analytic in  $\mathbb{C} \setminus \Delta$  and has limit 0 at  $\infty$ . Then as  $\Psi_{\pm}$  have absolute value 1 on  $\Delta$ , so that  $|g_{\pm}|^q = |P|^p$  on  $\Delta$ , we deduce from (23) that

$$\begin{aligned} \int_{\Gamma \setminus \Delta} |P(t)/\Psi(t)^{n+\ell}|^p |dt| &\leq \int_{\Gamma \setminus \Delta} |g(t)|^q |dt| \\ &\leq C_3 \int_{\Delta} (|g_+(t)|^q + |g_-(t)|^q) |dt| = 2C_3 \int_{\Delta} |P(t)|^p |dt| \end{aligned}$$

and again we obtain an estimate similar to (24).

### X. Completion of the Proof

We shall show in Lemma 3.3 that

$$(26) \quad N(\sigma^+) + N(\sigma^{\#}) \leq C_4.$$

Then (24) becomes

$$\int_{\alpha}^{2\pi-\alpha} |(P'\varepsilon_n)(e^{i\theta})|^p d\theta \leq C_5 \int_{\alpha}^{2\pi-\alpha} |P(e^{i\theta})|^p d\theta.$$

So we have (8) with a constant  $C_5$  that depends only on the numerical constants  $C_j$ ,  $1 \leq j \leq 4$  that arise from

- (a) the bound on the conformal map  $\Psi$ ;
- (b) Carleson's inequality (20);
- (c) the norm of the Hilbert transform as an operator on  $L_p(\Gamma)$  and the choice of  $\ell$ ;
- (d) the upper bound on the Carleson norms of  $\sigma^+$  and  $\sigma^{\#}$ .

### 3. TECHNICAL ESTIMATES

Throughout we assume (9) to (11). Recall that

$$\begin{aligned} (27) \quad R(e^{i\theta}) &= (e^{i\theta} - e^{i\alpha})(e^{i\theta} - e^{-i\alpha}) \\ &= -4e^{i\theta} \sin\left(\frac{\theta-\alpha}{2}\right) \sin\left(\frac{\theta+\alpha}{2}\right) \\ &= -4e^{i\theta} \left( \cos^2 \frac{\alpha}{2} - \cos^2 \frac{\theta}{2} \right) \\ &= -4e^{i\theta} \left( \sin^2 \frac{\theta}{2} - \sin^2 \frac{\alpha}{2} \right). \end{aligned}$$

From this, we derive the following bounds, valid for  $\theta \in [\alpha, 2\pi - \alpha]$ :

$$(28) \quad |R(e^{i\theta})| \leq 4 \left( \sin \frac{\theta}{2} \right)^2,$$

$$(29) \quad |R(e^{i\theta})| \leq 4 \left( \cos \frac{\alpha}{2} \right)^2,$$

$$(30) \quad |R(e^{i\theta})| \leq 4 \left| \sin \frac{\theta}{2} \right| \cos \frac{\alpha}{2}.$$

Our first lemma deals with properties of  $\varepsilon(z)$  of (11),

$$\varepsilon(e^{i\theta}) = \varepsilon_n(e^{i\theta}) = \frac{1}{n} \left[ \frac{4 \left| \sin \left( \frac{\theta - \alpha}{2} \right) \sin \left( \frac{\theta + \alpha}{2} \right) \right| + \left( \frac{\pi - \alpha}{n} \right)^2}{4 \left( \sin \frac{\theta}{2} \right)^2 + \left( \frac{1}{n} \right)^2} \right]^{1/2}.$$

Note that we drop the subscript  $n$ , as in the previous section, to simplify notation.

LEMMA 3.1. (a) For  $a \in \Delta$ ,

$$(31) \quad |\varepsilon(e^{i\theta})| \leq 6 \frac{\cos \frac{\alpha}{2}}{n}.$$

(b) For  $a, z \in \Delta$ ,

$$(32) \quad |\varepsilon(z) - \varepsilon(a)| \leq 14 |z - a|.$$

(c) For  $a, z \in \Delta$  such that  $|z - a| \leq \frac{1}{28} \varepsilon(a)$ , we have

$$(33) \quad \frac{1}{2} \leq \frac{\varepsilon(z)}{\varepsilon(a)} \leq \frac{3}{2}.$$

(d) Let  $\theta \in [0, 2\pi]$  be given and let  $s \in [0, 2\pi]$  satisfy

$$|e^{is} - e^{i\theta}| \leq r < 2.$$

Then  $s$  belongs to a set of linear Lebesgue measure at most  $2\pi r$ .

*Proof.* We shall write

$$f(\theta) := |R(e^{i\theta})| + \left(\frac{\pi - \alpha}{n}\right)^2,$$

$$g(\theta) := 4 \left(\sin \frac{\theta}{2}\right)^2 + \left(\frac{1}{n}\right)^2,$$

so that

$$\varepsilon(e^{i\theta}) = \frac{1}{n} \left(\frac{f(\theta)}{g(\theta)}\right)^{1/2}.$$

(a) It follows from (28) that

$$(34) \quad f(\theta) \leq 4 \left(\sin \frac{\theta}{2}\right)^2 + \left(\frac{\pi}{n}\right)^2 \leq \pi^2 g(\theta),$$

so that

$$\varepsilon(e^{i\theta}) \leq \frac{\pi}{n}.$$

Also, from the inequality

$$(35) \quad \frac{\pi - \alpha}{\pi} \leq \cos \frac{\alpha}{2} = \sin \left(\frac{\pi - \alpha}{2}\right) \leq \frac{\pi - \alpha}{2},$$

and from (29), we obtain

$$\varepsilon(e^{i\theta}) \leq \frac{(4 + \pi^2)^{1/2}}{n} \frac{\cos \frac{\alpha}{2}}{\left|\sin \frac{\theta}{2}\right|} \leq \frac{4}{n} \frac{\cos \alpha/2}{\sin \alpha/2}.$$

Then the two bounds on  $\varepsilon$  give

$$\frac{\varepsilon(e^{i\theta})}{\cos \frac{\alpha}{2}} \leq \frac{4}{n} \min \left\{ \frac{1}{\cos \frac{\alpha}{2}}, \frac{1}{\sin \frac{\alpha}{2}} \right\} \leq \frac{6}{n}.$$

(b) Write  $z = e^{i\theta}$ ;  $a = e^{is}$ . We shall assume, as we may, that

$$(36) \quad \left| \sin \frac{s}{2} \right| \geq \left| \sin \frac{\theta}{2} \right|$$

or, equivalently, that  $s$  is closer to  $\pi$  than  $\theta$ . Note from the definition of  $f$ ,  $g$ , and (27) that

$$f(\theta) = g(\theta) + c,$$

where

$$c = -4 \left( \sin \frac{\alpha}{2} \right)^2 + \frac{(\pi - \alpha)^2 - 1}{n^2}.$$

Then

$$\varepsilon(e^{i\theta}) = \frac{1}{n} \left( 1 + \frac{c}{g(\theta)} \right)^{1/2},$$

so

$$\begin{aligned} n[\varepsilon(e^{i\theta}) - \varepsilon(e^{is})] &= \frac{\left( 1 + \frac{c}{g(\theta)} \right) - \left( 1 + \frac{c}{g(s)} \right)}{\left( 1 + \frac{c}{g(\theta)} \right)^{1/2} + \left( 1 + \frac{c}{g(s)} \right)^{1/2}} \\ &= \frac{c[g(s) - g(\theta)]}{g(\theta) g(s) \left[ \left( 1 + \frac{c}{g(\theta)} \right)^{1/2} + \left( 1 + \frac{c}{g(s)} \right)^{1/2} \right]}. \end{aligned}$$

Here

$$(37) \quad \begin{aligned} |g(s) - g(\theta)| &= 4 \left| \sin \left( \frac{s - \theta}{2} \right) \sin \left( \frac{s + \theta}{2} \right) \right| \\ &= 2 |e^{is} - e^{i\theta}| \left| \sin \frac{s}{2} \cos \frac{\theta}{2} + \cos \frac{s}{2} \sin \frac{\theta}{2} \right| \\ &\leq 4 |e^{is} - e^{i\theta}| \min \left\{ \sin \frac{s}{2}, \cos \frac{\alpha}{2} \right\}. \end{aligned}$$

(We have used the fact that  $s, \theta \in [\alpha, 2\pi - \alpha]$  and also (36)). Also,

$$\begin{aligned} |c| &\leq 4 \left( \sin \frac{\alpha}{2} \right)^2 + \left( \frac{\pi}{n} \right)^2 \\ &\leq 4 \left( \sin \frac{\theta}{2} \right)^2 + \left( \frac{\pi}{n} \right)^2 \leq \pi^2 g(\theta). \end{aligned}$$

Then

$$\begin{aligned} n \left| \frac{\varepsilon(e^{i\theta}) - \varepsilon(e^{is})}{e^{i\theta} - e^{is}} \right| &\leq \frac{4\pi^2 \min \left\{ \sin \frac{s}{2}, \cos \frac{\alpha}{2} \right\}}{g(s) \left( 1 + \frac{c}{g(s)} \right)^{1/2}} \\ &= \frac{4\pi^2 \min \left\{ \sin \frac{s}{2}, \cos \frac{\alpha}{2} \right\}}{(f(s) g(s))^{1/2}}. \end{aligned}$$

We now consider two subcases:

*Case I:*  $\alpha \leq \frac{\pi}{2}$ . Here we use

$$\begin{aligned} f(s)^{1/2} &\geq \frac{\pi - \alpha}{n} \geq \frac{\pi}{2n}, \\ g(s)^{1/2} &\geq 2 \left| \sin \frac{s}{2} \right| \end{aligned}$$

to deduce

$$\left| \frac{\varepsilon(e^{i\theta}) - \varepsilon(e^{is})}{e^{i\theta} - e^{is}} \right| \leq 4\pi < 14.$$

*Case II:*  $\alpha > \frac{\pi}{2}$ . Here we use

$$f(s)^{1/2} \geq \frac{\pi - \alpha}{n} \geq \frac{2 \cos \frac{\alpha}{2}}{n},$$

by (35), and also

$$g(s)^{1/2} \geq 2 \left| \sin \frac{s}{2} \right| \geq 2 \sin \frac{\pi}{4}$$



to deduce

$$\left| \frac{\varepsilon(e^{i\theta}) - \varepsilon(e^{is})}{e^{i\theta} - e^{is}} \right| \leq \frac{\pi^2}{\sin \frac{\pi}{4}} < 14.$$

(c) This is an immediate consequence of (b).

(d) Our restrictions on  $s, \theta$  give

$$\left| \frac{s - \theta}{2} \right| \in [0, \pi].$$

Then

$$\begin{aligned} 0 &\leq \sin \left| \frac{s - \theta}{2} \right| = \frac{1}{2} |e^{is} - e^{i\theta}| \leq \frac{r}{2} \\ \Rightarrow \left| \frac{s - \theta}{2} \right| &\in \left[ 0, \arcsin \frac{r}{2} \right] \cup \left[ \pi - \arcsin \frac{r}{2}, \pi \right]. \end{aligned}$$

It follows that  $s$  can lie in a set of linear Lebesgue measure at most  $8 \arcsin \frac{r}{2}$ . The inequality

$$\arcsin u \leq \frac{\pi}{2} u, \quad u \in [0, 1]$$

then gives the result.

We next discuss the growth of the conformal map

$$(38) \quad \Psi(z) = \frac{1}{2 \cos \frac{\alpha}{2}} [z + 1 + \sqrt{R(z)}],$$

mapping  $\mathbb{C} \setminus \Delta$  onto  $\{w: |w| > 1\}$ . The proof here is more complex than that in [7], because of the more difficult choice of  $\varepsilon(z)$ .

LEMMA 3.2. *Let  $\ell \geq 1$ . For  $a \in \Delta$  and  $z \in \mathbb{C}$  such that*

$$(39) \quad |z - a| \leq \varepsilon(a)/100,$$

*we have*

$$(40) \quad |\Psi(z)|^{n+\ell} \leq C_0.$$

*Here  $C_0$  depends on  $\ell$ , but is independent of  $n, \alpha, z$ .*

*Proof.* We shall assume that  $|z| \geq 1$ . The case  $|z| < 1$  is similar. Let us write

$$(41) \quad z = te^{i\theta} = e^{i\xi} \quad \text{where} \quad \xi = \theta - i \log t$$

and set

$$v := e^{i\theta}.$$

We consider two subcases.

(A) Suppose that  $v \in \mathcal{A}$ .

We shall show that for some numerical constant  $C_1$ ,

$$(42) \quad |\Psi(z) - \Psi(v)| = |\Psi(z) - \Psi(v)_-| \leq \frac{C_1}{n+1}.$$

Then as  $|\Psi(v)| = 1$ , we obtain

$$|\Psi(z)|^{n+\ell} \leq \left(1 + \frac{C_1}{n+1}\right)^{n+\ell} \leq C_0.$$

First we see that

$$(43) \quad |\Psi(z) - \Psi(v)| \leq \frac{|z-v|}{2 \cos \alpha/2} + \frac{|\sqrt{R(z)} - \sqrt{R(v)}|}{2 \cos \alpha/2} \\ =: T_1 + T_2.$$

Here

$$T_1 = \frac{|z-v|}{2 \cos \alpha/2} \leq \frac{|z-a|}{2 \cos \alpha/2} \leq \frac{\varepsilon(a)}{200 \cos \frac{\alpha}{2}} \leq \frac{1}{n+1},$$

by Lemma 3.1(a). We turn to the more difficult estimation of

$$(44) \quad T_2 := \frac{|\sqrt{R(z)} - \sqrt{R(v)}|}{2 \cos \alpha/2}.$$

We see from (10) that

$$\begin{aligned} R(v) - R(z) &= (v^2 - 2(\cos \alpha)v + 1) - (z^2 - 2(\cos \alpha)z + 1) \\ &= (v-z)(z-v + 2(v - \cos \alpha)) \\ &= -(v-z)^2 + 2(v-z)(\cos \theta - \cos \alpha) + 2i(\sin \theta)(v-z). \end{aligned}$$

Then

$$(45) \quad |R(z) - R(v)| \leq |v - z| \left( |v - z| + 4 \left( \cos^2 \frac{\alpha}{2} - \cos^2 \frac{\theta}{2} \right) + 2 |\sin \theta| \right) \\ = |v - z| (|v - z| + |R(v)| + 2 |\sin \theta|);$$

see (27). We now consider two subcases:

Case I:  $|R(v)| \leq \left(\frac{\pi - \alpha}{n}\right)^2$ . Then as

$$|a - v| \leq |a - z| \leq \varepsilon(a)/100,$$

Lemma 3.1(c), followed by (11), gives

$$\varepsilon(a) \leq 2\varepsilon(v) \leq \frac{2\sqrt{2} \left(\frac{\pi - \alpha}{n}\right)}{n \left( \left(\sin \frac{\theta}{2}\right)^2 + \left(\frac{1}{n}\right)^2 \right)^{1/2}} \leq 2\sqrt{2} \frac{\pi - \alpha}{n} \min \left\{ 1, \frac{1}{n \left|\sin \frac{\theta}{2}\right|} \right\}.$$

Also,

$$|v - z| \leq |a - z| \leq \frac{\varepsilon(a)}{100} \leq C \frac{\pi - \alpha}{n}.$$

Then (45) and our assumption on  $R(v)$  give

$$|R(z) - R(v)| \leq C \left\{ \left(\frac{\pi - \alpha}{n}\right)^2 + \left(\frac{\pi - \alpha}{n}\right)^2 + \varepsilon(a) 2 \left| \sin \frac{\theta}{2} \right| \left| \cos \frac{\theta}{2} \right| \right\} \\ \leq C \left\{ \left(\frac{\pi - \alpha}{n}\right)^2 + \frac{\pi - \alpha}{n^2 \left|\sin \frac{\theta}{2}\right|} \left| \sin \frac{\theta}{2} \right| \left| \cos \frac{\alpha}{2} \right| \right\} \\ \leq C \left(\frac{\pi - \alpha}{n}\right)^2;$$

recall also that  $\cos \frac{\theta}{2} \leq \cos \frac{\alpha}{2}$ . Hence

$$|R(z)| \leq C \left(\frac{\pi - \alpha}{n}\right)^2.$$

Then we see from (44) that

$$(46) \quad T_2 \leq \frac{C}{n}.$$

Case II:  $|R(v)| > (\frac{\pi-\alpha}{n})^2$ . As above, Lemma 3.1(c) gives

$$(47) \quad \varepsilon(a) \leq 2\varepsilon(v) \leq \frac{2\sqrt{2}|R(v)|^{1/2}}{n \left( \left( \sin \frac{\theta}{2} \right)^2 + \left( \frac{1}{n} \right)^2 \right)^{1/2}} \leq 2\sqrt{2}|R(v)|^{1/2} \min \left\{ 1, \frac{1}{n \left| \sin \frac{\theta}{2} \right|} \right\}.$$

Then (45) and the fact that  $|R(v)| \leq 4$  give

$$\begin{aligned} |R(z) - R(v)| &\leq \frac{\varepsilon(a)}{100} \left( \frac{\varepsilon(a)}{100} + |R(v)| + 2 \left| \sin \frac{\theta}{2} \right| \left| \cos \frac{\theta}{2} \right| \right) \\ &\leq \frac{8}{10,000} |R(v)| + \frac{4\sqrt{2}}{100} |R(v)| + \frac{4\sqrt{2}}{100} \frac{|R(v)|^{1/2}}{n} \cos \frac{\alpha}{2}. \end{aligned}$$

But

$$|R(v)|^{1/2} > \frac{\pi-\alpha}{n} \geq 2 \frac{\cos \frac{\alpha}{2}}{n},$$

so

$$|R(z) - R(v)| \leq \frac{1}{4} |R(v)|.$$

It then follows that for some numerical constant  $C$ ,

$$|\sqrt{R(v)} - \sqrt{R(z)}| \leq C \frac{|R(v) - R(z)|}{\sqrt{|R(v)|}}.$$

(See the proof of Lemma 3.2 in [7] for a detailed justification of this inequality.) Then from (44) and (45),

$$(48) \quad T_2 \leq C \left\{ \frac{|v-z|^2}{\cos \frac{\alpha}{2} |R(v)|^{1/2}} + \frac{|v-z| |R(v)|^{1/2}}{\cos \frac{\alpha}{2}} + \frac{|\sin \theta| |v-z|}{|R(v)|^{1/2} \cos \frac{\alpha}{2}} \right\} \\ =: C \{T_{21} + T_{22} + T_{23}\}.$$

Here from (31), (47),

$$T_{21} = \frac{|v-z|^2}{\cos \frac{\alpha}{2} |R(v)|^{1/2}} \leq \frac{\varepsilon(a)^2}{\cos \frac{\alpha}{2} |R(v)|^{1/2}}$$

$$\leq \frac{\left(6 \frac{\cos \frac{\alpha}{2}}{n}\right) (2\sqrt{2} |R(v)|^{1/2})}{\cos \frac{\alpha}{2} |R(v)|^{1/2}} = \frac{12\sqrt{2}}{n}.$$

Next,

$$T_{22} = \frac{|v-z| |R(v)|^{1/2}}{\cos \frac{\alpha}{2}} \leq \frac{\varepsilon(a) \cdot 2}{\cos \frac{\alpha}{2}} \leq \frac{12}{n},$$

by (31). Finally,

$$T_{23} = \frac{|\sin \theta| |v-z|}{|R(v)|^{1/2} \cos \frac{\alpha}{2}} \leq \frac{2 \left| \sin \frac{\theta}{2} \right| \left( \cos \frac{\alpha}{2} \right) \varepsilon(a)}{|R(v)|^{1/2} \cos \frac{\alpha}{2}}$$

$$\leq \frac{4\sqrt{2}}{n},$$

by (47). Then these estimates and (48) give

$$T_2 \leq C/n,$$

and then we have the desired inequality (42).

(B) Suppose that  $v \notin \Delta$ .

Then  $\theta \in [0, \alpha)$  or  $\theta \in (2\pi - \alpha, 2\pi]$ . We assume the former. We also assume that  $a = e^{is}$  with  $s \in [\alpha, \pi]$  (the case  $s \in (\pi, 2\pi - \alpha]$  is easier). Then

$$(49) \quad |\Psi(z) - \Psi(e^{ia})| = \frac{1}{2 \cos \frac{\alpha}{2}} |z - e^{ia} + \sqrt{R(z)}|$$

$$\leq \frac{|z - e^{ia}|}{2 \cos \frac{\alpha}{2}} + \frac{|R(z)|^{1/2}}{2 \cos \frac{\alpha}{2}}.$$

Here, as above,

$$|z - e^{i\alpha}| \leq |z - a| + |a - e^{i\alpha}| \leq \frac{\varepsilon(a)}{50},$$

so from Lemma 3.1(c), and then (11),

$$(50) \quad \varepsilon(a) \leq 2\varepsilon(e^{i\alpha}) = \frac{2 \left( \frac{\pi - \alpha}{n} \right)}{n \left( 4 \left( \sin \frac{\alpha}{2} \right)^2 + \frac{1}{n^2} \right)^{1/2}} \leq 2\pi \frac{\cos \frac{\alpha}{2}}{n} \min \left\{ 1, \frac{1}{n \left| \sin \frac{\alpha}{2} \right|} \right\}.$$

Then from (31),

$$(51) \quad \frac{|z - e^{i\alpha}|}{2 \cos \frac{\alpha}{2}} \leq \frac{\varepsilon(a)}{100 \cos \frac{\alpha}{2}} \leq \frac{6}{n}.$$

Next,

$$\begin{aligned} |R(z)| &= |z - e^{i\alpha}| |z - e^{-i\alpha}| \\ &\leq |z - e^{i\alpha}| (|z - e^{i\alpha}| + 2 \sin \alpha) \\ &\leq \varepsilon(a)^2 + \frac{\varepsilon(e^{i\alpha})}{25} 2 \sin \frac{\alpha}{2} \cos \frac{\alpha}{2} \\ &\leq C \left( \frac{\cos \frac{\alpha}{2}}{n} \right)^2 + C \frac{\pi - \alpha}{n^2} \cos \frac{\alpha}{2} \\ &\leq C \left( \frac{\cos \frac{\alpha}{2}}{n} \right)^2. \end{aligned}$$

Here we have used (50). This last inequality and (49), (51) give

$$|\Psi(z)| \leq |\Psi(e^{i\alpha})| + \frac{C}{n} = 1 + \frac{C}{n},$$

and again (42) follows. ■

We next estimate the norms of the Carleson measures  $\sigma^+$ ,  $\sigma^\#$  defined by (14) and (17)–(18). Recall that the Carleson norm  $N(\mu)$  of a measure  $\mu$  with support in the unit ball is the least  $A$  such that

$$(52) \quad \mu(S) \leq Ah$$

for every  $0 < h < 1$  and for every sector

$$(53) \quad S := \{re^{i\theta} : r \in [1-h, 1]; |\theta - \theta_0| \leq h\}.$$

LEMMA 3.3. (a)

$$(54) \quad N(\sigma^+) \leq c_1.$$

(b)

$$(55) \quad N(\sigma^\#) \leq c_2.$$

*Proof.* (a) We proceed much as in [7], [8], or [10]. Let  $S$  be the sector (53) and let  $\gamma$  be a circle centre  $a$ , radius  $\frac{\varepsilon(a)}{100} > 0$ . A necessary condition for  $\gamma$  to intersect  $S$  is that

$$|a - e^{i\theta_0}| \leq \frac{\varepsilon(a)}{100} + h.$$

(Note that each point of  $S$  that is on the unit circle is at most  $h$  in distance from  $e^{i\theta_0}$ .) Using Lemma 3.1(b), we continue this as

$$(56) \quad \begin{aligned} |a - e^{i\theta_0}| &\leq \frac{\varepsilon(e^{i\theta_0})}{100} + \frac{14}{100} |a - e^{i\theta_0}| + h \\ \Rightarrow |a - e^{i\theta_0}| &\leq \frac{\varepsilon(e^{i\theta_0})}{86} + 2h =: \lambda. \end{aligned}$$

Next  $\gamma \cap S$  consists of at most three arcs (draw a picture!) and as each such arc is convex, it has length at most  $4h$ . Therefore the total angular measure of  $\gamma \cap S$  is at most  $12h/(\varepsilon(a)/100)$ . It also obviously does not exceed  $2\pi$ . Thus if  $\chi_S$  denotes the characteristic function of  $S$ ,

$$\int_{-\pi}^{\pi} \chi_S(a + \varepsilon(a) e^{i\theta}) d\theta \leq \min \left\{ 2\pi, \frac{1200h}{\varepsilon(a)} \right\}.$$

Then from (14) and (17), we see that

$$\begin{aligned}
 (57) \quad \sigma^+(S) &\leq \sigma(S) \\
 &\leq \int_{[\alpha, 2\pi-\alpha] \cap \{s: |e^{is} - e^{i\theta_0}| \leq \lambda\}} \left[ \frac{1}{2\pi} \int_{-\pi}^{\pi} \chi_S \left( e^{is} + \frac{\varepsilon(e^{is})}{100} e^{i\theta} \right) d\theta \right] ds \\
 &\leq C_1 \int_{[\alpha, 2\pi-\alpha] \cap \{s: |e^{is} - e^{i\theta_0}| \leq \lambda\}} \min \left\{ 1, \frac{h}{\varepsilon(e^{is})} \right\} ds.
 \end{aligned}$$

Here  $C_1$  is a numerical constant. We now consider two subcases:

(I)  $h \leq \varepsilon(e^{i\theta_0})/100$ . In this case,

$$\lambda < \frac{\varepsilon(e^{i\theta_0})}{25} < 1;$$

recall (31). Then Lemma 3.1(d) shows that  $s$  in the integral in (57) lies in a set of linear Lebesgue measure at most

$$2\pi \cdot \frac{\varepsilon(e^{i\theta_0})}{25}.$$

Also Lemma 3.1(c) gives

$$\varepsilon(e^{is}) \geq \frac{1}{2} \varepsilon(e^{i\theta_0}).$$

So (57) becomes

$$\sigma^+(S) \leq \sigma(S) \leq C_1 \left( 2\pi \cdot \frac{\varepsilon(e^{i\theta_0})}{25} \right) \left( 2 \frac{h}{\varepsilon(e^{i\theta_0})} \right) = C_2 h.$$

(II)  $h > \varepsilon(e^{i\theta_0})/100$ . In this case  $\lambda < 4h$ . If  $h < \frac{1}{2}$ , we obtain from Lemma 3.1(d) that  $s$  in the integral in (57) lies in a set of linear Lebesgue measure at most  $2\pi \cdot 4h$ . Then (57) becomes

$$\sigma^+(S) \leq \sigma(S) \leq C_1(2\pi \cdot 4h) = C_2 h.$$

If  $h > \frac{1}{2}$ , it is easier to use

$$\sigma^+(S) \leq \sigma(S) \leq \sigma(\mathbb{C}) \leq 2\pi \leq 4\pi h.$$



In summary, we have proved that

$$N(\sigma^+) = \sup_{S,h} \frac{\sigma^+(S)}{h} \leq C_3,$$

where  $C_3$  is independent of  $n, \alpha, \beta$ . (It is also independent of  $p$ .)

(b) Recall that if  $S$  is the sector (53), then

$$\sigma^\#(S) = \sigma^-(1/S) \leq \sigma(1/S),$$

where

$$1/S = \left\{ re^{i\theta} : r \in \left[ 1, \frac{1}{1-h} \right]; |\theta + \theta_0| \leq h \right\}.$$

For small  $h$ , say for  $h \in [0, 1/2]$ , so that

$$\frac{1}{1-h} \leq 1 + 2h,$$

we see that exact same argument as in (a) gives

$$\sigma^\#(S) \leq \sigma(1/S) \leq C_4 h.$$

When  $h \geq 1/2$ , it is easier to use

$$\sigma^\#(S)/h \leq 2\sigma^\#(\mathbb{C}) \leq 2\sigma(\mathbb{C}) \leq 4\pi. \quad \blacksquare$$

#### 4. THE PROOF OF THEOREM 1.2

We deduce Theorem 1.2 from Theorem 1.3 as follows: if  $s_n$  is a trigonometric polynomial of degree  $\leq n$ , we may write

$$s_n(\theta) = e^{-in\theta} P(e^{i\theta}),$$

where  $P$  is an algebraic polynomial of degree  $\leq 2n$ . Then

$$|s'_n(\theta)| \varepsilon_{2n}(\varepsilon^{i\theta}) \leq n |P(e^{i\theta})| \varepsilon_{2n}(e^{i\theta}) + |P'(e^{i\theta})| \varepsilon_{2n}(\varepsilon^{i\theta}).$$

Moreover,

$$|e^{i\theta} - e^{i\alpha}| |e^{i\theta} - e^{i\beta}| = 4 \left| \sin \left( \frac{\theta - \alpha}{2} \right) \right| \left| \sin \left( \frac{\theta - \beta}{2} \right) \right|,$$

and

$$|e^{i\theta} + e^{i\frac{\alpha+\beta}{2}}|^2 = 4 \left( \cos \left( \theta - \frac{\alpha+\beta}{2} \right) \right)^2.$$

These last three relations, the fact that  $n\varepsilon_{2n}(e^{i\theta})$  is bounded independent of  $n$ ,  $\theta$ ,  $\alpha$ ,  $\beta$ , and Theorem 1.3 easily imply (4).

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